

NES Empowering Conversations Workshop



NHS Education for Scotland (NES) in association with the Institute of Health and Social Care Management (IHSCM) are pleased to announce a workshop on **Empowering Conversations**. This session will be practical and interactive and will provide attendees with the opportunity to openly discuss the session content and ask questions.

Part 1 - Foundations of empowered conversations

- Discuss what is meant by empowered conversations.
- Understand your role and responsibilities.
- Explore how compassionate leadership language supports empowered conversations.

[Register below](#)

www.ihm.org.uk

Part 2 - Develop skills to support empowered conversations

- Learn skills that will enable you to create a safe environment (who you are and how you come across).
 - Explore the signs that enable you to know when there is or isn't a safe environment and steps you need to take.
 - Discuss the barriers and challenges around having empowered conversations.

Part 3 - Practical techniques to support empowered conversations

- Learn skills and techniques when experiencing barriers and challenges to build confidence (use coaching & feedback scenarios).

Date of workshop - 26th March, 2026

Three time options for you to choose*

- **9 am till 10 am**
- **12 pm till 1 pm**
- **5 pm till 6 pm**

* All three sessions will have the same content.