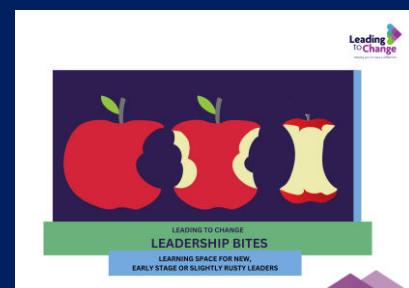


# Leadership Bites Schedule 2025 - 2026



## Leadership Bites Series 1

Key Leadership Models (in line with the 6 Leadership Capabilities)

**Cohort Sessions 09:30 – 10:30** - Register once to attend all sessions.

Date	Time	Theme / model / topic
Tues 13 <sup>th</sup> May 2025	09:30-10:30	Introductions – Get to know your cohort
Tues 27 <sup>th</sup> May 2025	09:30-10:30	Leadership and Management
Tues 24 <sup>th</sup> June 2025	09:30-10:30	Self-Leadership
Tues 26 <sup>th</sup> August 2025	09:30-10:30	The Three Horizons Model
Tues 23 <sup>rd</sup> September 2025	09:30-10:30	Circles of Influence, Concern and Control
Tues 28 <sup>th</sup> October 2025	09:30-10:30	Kantor 4 Player Model
Tues 25 <sup>th</sup> November 2025	09:30-10:30	Maslow's Hierarchy of Needs
Tues 27 <sup>th</sup> January 2026	09:30-10:30	5 Ways to be more Creative
Tues 24 <sup>th</sup> February 2026	09:30-10:30	Wellbeing & Your Leadership Development
Tues 3 <sup>rd</sup> March 2026	09:30-10:30	Celebration and Completion

**Individual Sessions 11:00 – 12:00** - Register for a single session at a time

Date	Time	Theme / model / topic
Tues 27 <sup>th</sup> May 2025	11:00-12:00	Leadership and Management
Tues 24 <sup>th</sup> June 2025	11:00-12:00	Self-Leadership
Tues 26 <sup>th</sup> August 2025	11:00-12:00	The Three Horizons Model
Tues 23 <sup>rd</sup> September 2025	11:00-12:00	Circles of Influence, Concern and Control
Tues 28 <sup>th</sup> October 2025	11:00-12:00	Kantor 4 Player Model
Tues 25 <sup>th</sup> November 2025	11:00-12:00	Maslow's Hierarchy of Needs
Tues 27 <sup>th</sup> January 2026	11:00-12:00	5 Ways to be more Creative
Tues 24 <sup>th</sup> February 2026	11:00-12:00	Wellbeing & Your Leadership Development

# Leadership Bites Schedule 2025 - 2026



## Leadership Bites Series 2

Communication for Leadership

**Cohort Sessions 09:30 – 10:30** - Register once to attend all sessions.

<b>Date</b>	<b>Time</b>	<b>Theme / model / topic</b>
Thurs 15 <sup>th</sup> May 2025	09:30-10:30	Introductions – Get to know your cohort
Thurs 29 <sup>th</sup> May 2025	09:30-10:30	The Four Types of Conversation
Thurs 26 <sup>th</sup> June 2025	09:30-10:30	Personal Preferences in Communication
Thurs 28 <sup>th</sup> August 2025	09:30-10:30	The Active Listening Process
Thurs 25 <sup>th</sup> September 2025	09:30-10:30	Using Questions to Connect and Understand Others
Thurs 30 <sup>th</sup> October 2025	09:30-10:30	Paraphrasing and Summarising
Thurs 27 <sup>th</sup> November 2025	09:30-10:30	Giving Feedback – Closing the Gap
Thurs 29 <sup>th</sup> January 2026	09:30-10:30	Preparing for Difficult Conversations
Thurs 26 <sup>th</sup> February 2026	09:30-10:30	Coaching, Mentoring, Advocating
Thurs 5 <sup>th</sup> March 2026	09:30-10:30	Celebration and Completion

**Individual Sessions 11:00 – 12:00** - Register for a single session at a time

<b>Date</b>	<b>Time</b>	<b>Theme / model / topic</b>
Thurs 29 <sup>th</sup> May 2025	11:00-12:00	The Four Types of Conversation
Thurs 26 <sup>th</sup> June 2025	11:00-12:00	Personal Preferences in Communication
Thurs 28 <sup>th</sup> August 2025	11:00-12:00	The Active Listening Process
Thurs 25 <sup>th</sup> September 2025	11:00-12:00	Using Questions to Connect and Understand Others
Thurs 30 <sup>th</sup> October 2025	11:00-12:00	Paraphrasing and Summarising
Thurs 27 <sup>th</sup> November 2025	11:00-12:00	Giving Feedback – Closing the Gap
Thurs 29 <sup>th</sup> January 2026	11:00-12:00	Preparing for Difficult Conversations
Thurs 26 <sup>th</sup> February 2026	11:00-12:00	Coaching, Mentoring, Advocating